



# Continuing & Distance Education Newsletter

May 2010 Issue

## Grow Your Own...An NSAC Summer Workshop Series

Eating real food and choosing local products are two simple, but effective ways to support healthy, sustainable communities. Another is to start on your own food production journey by growing your own.

Continuing Education is offering a series of hands-on, practical workshops to teach the science behind the food production journey – from soil to plate - beginning in June.

“At a time when we worry about our vulnerability in being reliant on food from far away, what could be a more positive response than to grow food for ourselves on our own properties and our own community gardens?” explained Dr. Tarjei Tennessen, head, department of Plant and Animal Sciences. “At NSAC, we can show you how to manage the green urban garden and how to make best use of it for your own personal, extremely local food production.”

In June, two one-day workshops will be offered on soils and composting, including soil types, soil health, making compost and planning a garden. Other

workshops in the series will be offered throughout the summer on Weeds, Tools and Pests and Preserving your Bounty.

“We are pleased to be able to offer these workshops to those interested in producing some of their own food,” said Continuing and Distance Education Program Manager Tracy Kittilsen.

“The information will give participants an understanding of the principles and practices of producing food that is not only local, but safe for themselves and the environment.”



## Look for us @...

- **Canadian Association for University Continuing Education (CAUCE)**  
May 31 - June 2, Fredericton, NB
- **Canadian Agricultural Human Resource Council: Employment and Skills Development Forum**  
June 16, Calgary, AB
- **NSAC Open House**  
July 22
- **Horticultural Therapy Conference**  
August 6-8, NSAC
- **NS Provincial Exhibition**  
August 24-28, Truro, NS

Continuing & Distance Education at NSAC delivers lifelong learning opportunities to assist in the achievement of the personal and professional goals of its learners. What better place to reconnect with your environment than at NSAC. For more information on the “Grow your Own” Workshop series and to register please visit [nsac.ca/cde](http://nsac.ca/cde).

## Digging Deeper: Conference/Symposium Announcement

This year, the Canadian Horticultural Therapy Association (CHTA) in partnership with the People Plant Council is presenting the CHTA Annual Conference and 2010 International People Plant Symposium (IPPS) on the NSAC Campus. This joint meeting runs from August 6 to 8, 2010. CDE's Sarah Macdonald and Lana Chisholm are contributing to the conference as members of the organizing committee. The attendance at this conference is expected to reach 250!

Researchers, educators and practitioners will present their work on the beneficial interaction of people and plants and the wide ranging applications that this unique relationship offers. Dissemination of industry information will encourage further use and development of Horticultural Therapy in the healing arts and sciences.

This conference is open to everyone with an interest in horticultural therapy. Please visit <http://nsac.ca/diggingdeeper/> for more information.

## Gardening Students Interact and Grow



The Master Gardener Summer School is a practical session that supports the Master Gardener online program. It is a unique opportunity to interact with other gardeners who share the same passion. It is said to be so much fun, participants do not even think of it as school!

Summer school Level I topics include plant propagation, planting techniques, pruning, garden tool maintenance and pest management. The week includes garden tours, a dinner and a graduation ceremony.

Summer School Level II is held annually for students who have completed the Level I Summer School, or for individuals with an interest in horticulture. The Level II Summer School encompasses two days of great learning activities in the classroom and outdoors. This year's topics include grafting, cross-pollinating, creating a monarch habitat and supporting community gardens.

For more information on these workshops or the Master Gardener program, please visit [nsac.ca/cde](http://nsac.ca/cde).

## Nova Scotia Tractor Safety Certification Course

Due to increased demand in 2010, CDE is offering a second NS Tractor Safety Course in June. The course is intended for (but not limited to) youth aged 14-16 who hold a valid NS Class 8 Driver's License. Those who successfully complete this course are eligible to obtain a condition 15 endorsement on their license. This course increases the awareness and competency regarding the safe operation and use of farm tractors and implements. Topics such as safety, highway regulations, pre-operation checks, safe starts and stops and connecting and hauling various implements are covered. NSAC CDE is pleased to contribute the safety of our youth!

Dates are not yet finalized, but visit [nsac.ca/cde](http://nsac.ca/cde) for updated information.

## SUMMER COURSES 2010

**NS Tractor Safety Certification**  
June TBA

**MATH 1000: Introductory Calculus I**  
May 3-27

**MATH 1001: Introductory Calculus II**  
June 1-30

**STAT 3000: Introduction to Planned Studies & Experiments**, July 5-30

**Bulk Milk Tank Grader's Course**  
May 19-21, 2010

**Grow Your Own Workshop 1 – Build a Solid Foundation**, June 11-12

**Grow Your Own Workshop 2 – Weeds, Pests & Tools**, July 19

**Grow Your Own Workshop 3 – Preserving Your Bounty**, August 21

**Master Gardener Summer School:**

Level I July 5-9

Level II July 8-9

Please visit [nsac.ca/cde](http://nsac.ca/cde)

or call 902-893-6666

for more information

on these and other programs.

